

2008 February 28, Thu

**Woken up middle of last night by a huge shock, jerking my body off the bed. Then ache in back of my head. Ashok Menons brother had just used one of the paandis array of weapons. It turned out to be the opening scene of a well organized sadism party - all the paandis were already in place outside - nimhans paandis, the byappanahalli police station paandis, the Americans - all watching as the menons below then systematically began their torture ritual. No sleep after that - shouted out as loudly as I could several times through the night.**

Outside the paandis immediately began their routine - police threatening the "witnesses", nimhans paandis informing the neighbourhood that they were supporting me "Mr. Nair is not a mental patient", then more police paandis appearing to insult them, the nimhans paandis doing an about face, the whole lot then moving to Nagavarapalya Main Road. And then this morning, more paandi police arriving to street interrogate and "take away" the whole lot. Inspector Naga\* roaming around trying to get as much attention as possible. Wailing "avarude joli poyi!" Phone call in the Menons flat, and Meghana Menon advising the adults not to pick up the phone. "Don't worry, they won't do anything".

**So the paandis are now recycling their crimes as well as their nautankis. This morning when I washed my face, the centre of my forehead had a prickling sensation as if I had been sunburnt.**

**Now 8am in my study, and the radiation is already high - my skin prickling on my upper chest, armpits and back, the menon paandis targeting me from below.**

2008 February 27 Wed

Menons targeting me all night long - at one point there was a commotion in the building, one of the paandis on the stair landing. I was then continuously targeted while lying on my back, when I got up in the morning, felt an ache at the back of my head, feeling like a numb bruise. Almost no sleep last night. Nimp and Satan jr. appeared to be ranting all night, along with the paandi Inspector Naga\*.

Now 10:30am in my study, radiation is already high, targeting my upper body and head. One of the menon women targeting me.

10:45am, appears Monish Das is again targeting me - for a few days, it had been the Menons only.

12:20pm, radiation increasing again - Meghana Menon and Monish Das targeting me now.

3:30pm, continuously high radiation in my study - paandi Menon women targeting me now.

4:30pm, radiation increased again.

4:50pm, radiation increased as I shouted out several times at the top of my voice. Both Monish Das and the Menons targeting me. Both appear to be responding to some nautanki outside on the street involving Satan jr., Nimp, the paandi police.

**Monish Das and the Menons appear to be rather comfortable - not in the least bit worried about being accountable for their crimes.**

7pm continuous high radiation in my study - targeting head more now - pressure and heat in head, neck and chest. Menon paandi targeting me.

9:10pm, AMs brother targeting me now - high radiation targeting my head.

9:40pm, the paandi increasing the radiation - shouted out a couple times.

2008 February 26, Tue

1pm - Menon increasing the radiation again in my study. They appear to be quite casual now about the radiation torture - being called out for "counseling", coming back and instantly targeting me again just for the kicks of hearing me shout.

Nimp and Satan jr. doing their usual routine "He's leaving !" .. "They believe him!" etc. They too appear to be very comfortable now ...

1:45pm, high radiation again - menon paandis getting their fix again - this time I shouted out twice before the paandi deviant was satisfied and reduced the level.

2:35pm, the same paandi on duty increasing the radiation again, its Ashok Menons brother below me.

10pm - adult menon paandi has been periodically increasing the radiation - paandi cops outside earlier this evening doing their routine.

2008 February 25, Mon

Menons targeting me last night. As soon as I got into the study this morning, Meghana Menon in position to target me. Group of paandis outside on NM road organized to do a ranting session - which lasted for an hour or more. Now 10am, high radiation in my study. Meghana Menon continuing to target me - muttering to herself as I shout out.

Found out yesterday that Total Environment has changed the company providing security guards for our building, from Alert Commando to Hawkeye. No reason provided as to why the change was made.

12noon, radiation in my study increasing again.

8:45pm, some menons returning to the flat - immediately increasing the radiation in my study. 9:00 pm, the radiation has increased again - suspect it is AMs brother on sadism duty.

2008 February 24, Sun

Menons targeting me last night, when I shouted out, the younger menon daughter crying and shouting at the adult menons asking "why are you doing this?" - an adult menon woman shouting back at her telling her that they were avenging what I did to their mother.

Went to Nandi hills again today with the local PG pilots - this time the paandis were prepared, a large contingent of them at the hilltop - a group of north Indians (again the pattern of one moneybags dressed like a rich NRI, with a bunch of hyena chelas). At the bottom of the hill more paandis - the Malayalam homodrama group. Satan jr. spearheading the voyeur comment passing group as I practiced kiting the wing with a group of pilots at the bottom of the hill. He was obviously enjoying his VIP status.

Got back around 2pm, the Menons immediately targeting me with radiation in my study. Shouted out a few times. Now 6:40pm, Nimp outside on the road shouting something about a "baby" as some sidekicks cackled like hyenas on the road with him.

9:55pm, Ashok Menons brother targeting me for the past couple of hours. For the past hour, he has been targeting my lower body - legs and now abdomen. Prickling skin on my feet and legs, cramping abdomen.

2008 February 23, Sat

Went to Nandi hills with a group of local PG pilots today. Satan jr. and company - all the american homosexuals, and their entourage of local paandis - right behind me. Elected not to fly - just did some ground practice kiting the wing at the bottom of the hill. Satan jr. shrieking from the top of the hill, then some time later from somewhere nearby at the base of the hill. In the evening a few of the pilots decided to fly from the top - I accompanied them. A bunch of paandis right behind the wall next to the north east launch. One deranged paandi with a video camera accompanied by a woman. Asking if it was "public", if anyone could go jump off the hill or if training was required etc. Doing the usual paandi "please pay attention to me" routine, when one of the pilots asked him to leave his name and phone number if he was interested in training, he immediately stopped the questions.

Got back around 8pm to my flat. Now 10:40pm in my study, the Menon paandis have slowly increased the radiation over the past few hours.

2008 February 22, Fri

The paandis were outside my building in the middle of last night - inspector Ashwathanarayana, and assorted other paandis ... the menons below reflecting the outside nautanki as they targeted me with the radiation. Heard something about a "death squad", another paandi going on about the "Defence Secretary" submitting his resignation, satan jr., nimp and the inspector all enjoying their time in the spotlight.

**All taking their turns last night. The paandis never argue in their nautanki scripts, it is either a Q&A session (interrogation-confession), or a bunch of paandis simultaneously ranting or bawling, or they take their turns in the spotlight.**

**A nimhans paandi, an american homosexual paandi, a police paandi, a secret court bench paandi, a senior govt. officer paandi, a senior "reprimander" paandi, a reporter paandi, they all take their turns one by one, with Satan jr. and the Nimp usually in charge of the introductory obscenities/threats/bawling and then when the others start their scripts, doing the filler bits "Fuck you!" "I'll kill him!" etc. They are very patient with each other, I don't think I have ever heard one of them cut off the other in mid-sentence during their nautankis.**

Someone doing a prolonged coughing bit downstairs - the Menon "ammoma". I guess they must be practicing their mental AND physical illness "victim" routines. With so many paandis in the Menon household, they have no problem keeping multiple Menons on sadism duty all night. They simply take shifts on paandi duty for 24 hours.

Radiation continued all night - today it started promptly as soon as I got into my study in the morning, and it has been very deliberate indeed - a constant level below my usual shouting threshold. The Menons adapt very quickly indeed to whatever situation outside they perceive. For a change, as soon as I typed this at 2pm, menon paandi below me reduced the radiation.

8:20pm, high radiation in my study, AMs brother targeting me.

9pm in my study, high radiation targeting my abdomen.

2:05pm, the radiation is up again.

2008 February 21 Thu

Very little sleep last night - Menons keeping the radiation high, and as always responding to the paandi nautanki being staged outside by the Americans and Inspector Naga\* and his cronies.

Now 12:20pm, radiation from Menons flat already high.

2pm, menons targeting me with different types of radiation as I ate lunch in the kitchen, I developed a headache. Then falling back to the usual exposure - heat and prickling skin sensation, now at the point where I have shouted out a few times.

The paandi Menons appear to be quite comfortable now in their new role as mentally sick people who have the right to stay in their own home and compulsively watch me, poison me and target me with radiation. Apparently none of them are responsible for what they do, and the radiation equipment is left for them to play with. When I shout out several times, the paandis outside do a nautanki routine, the paandis inside the building respond melodramatically, and the perversion continues as before.

Went out around 3pm, when I returned a woman and her possibly teenaged daughter outside the building - the same woman I'd seen on the stairs last week - appears another paandi family has taken residence in the building, am not sure which floor and apartment. The teenage girl making some remark about my "ditching" a girl, the older woman promising me that "we are not all sadists" - and so the paandi games with the police and nimhans continues.

**Meghana Menon doing a loud sobbing routine downstairs - the adults encouraging her to ensure I heard her. Then another adult menon paandi encouraging her to give me feedback on the mysterious "avaru" deciding their destiny. With the prodding of the adult menon, she came underneath me as I was being targeted by some other Menon on the sadism shift, to inform me "they think you're god!". I guess they felt it was time to start recycling the routines.**

5:05pm - very high radiation in my study, Menon paandis targeting me.

5:30pm Menons increasing the radiation even as I shout out every few minutes at the top of my voice.

5:35pm, Menon paandi again increasing the radiation - its Ashok Menons brother on sadism duty. They appear to be in their "aggressive" mode now - AMs brother in his "I promise you I am going to avenge ..." etc.

Inspector Naga\* outside on the road nearby doing his routine ...

8:20pm, radiation eased off, waiting for me to go to bed. Another paandi perversion day in Bangalore. **Incredible India ... What a difference between the advertising and the reality ...**

2008 February 20 Wed

Satan jr. doing his routine early this morning "They're not going to pick him up ! They're going to leave him alone!" The deviant inspector Naga\* going on about how I had spoiled the PMs name ...

8:30am, just walked into my study and sat down, the radiation was immediate and already high. It appears Monish Das and the Menons are targeting the study continuously.

10am radiation from Menons increasing.

10:30am, again a burst of high radiation from the Menons.

11:20am, Monish Das again at work - high radiation again in my study.

A paandi menon carefully targeting me as I sat on the commode, then as I ate lunch.

1:50pm high radiation again in my study. Both the Menons and Monish Das appear to be very deliberate in their actions the past few days, careful and thorough about how they are exposing me to the radiation.

4:30pm - Meghana Menon targeting me with radiation in my study - very high levels.

6:30pm both Monish Das and the Menons targeting me today.

9:45pm, AMs brother below me - both he and Monish Das reflecting the paandis outside - now aggressive.

2008 February 19 Tue

Updated my website log and the NHRC via email this evening. Just going through the motions now ... Officially, according to the government of the Republic of India (an independent nation since 1947!) I am a paranoid schizophrenic under the delusion that there are foreign sex deviants and their local recruits stalking me with intent to cause harm.

That's quite convenient ... So as long as I don't have any witnesses approaching me, it's not a "serious" problem. Incredible India - unity in perversity!! Give the diseased dogs here a chance to commit crimes against an Indian citizen on behalf of a foreigner, with the added bonus of homosexual pornographic voyeurism and sadism, and they'll be jostling each other to get in on the action. Ask the pompous titles here to do the job they're paid to do (with our taxes), and if they are corrupt pigs they see it as their own opportunity to get in on the action. If they are fine upstanding government officers, they do nothing ...

Now 9:15pm, Meghana Menon in position below, talking to herself and targeting me with the radiation - prickly heat, intense radiation. When not focused on me, an immediate sensation of coolness on my body. They are quite ritualistic in their sadism, and even as they adapt to the nautanki going on outside by being aggressive or self-pitying, they are careful to ensure I am continuously exposed to radiation. It doesn't matter whether there are a few Nimhans paandis/cops in their living room "interrogating" one of the Menons, there's another Menon paandi a few metres away in the room below me carefully keeping the beam focused on me in case I shift my position.